

# ROCKS & ROPES

## **SAFETY RULES OF ROCKS & ROPES**

- I understand that any un-accompanied access to the Gym past reception requires a waiver/release form.
- I will conduct myself in a safe and reasonable manner at all times. I will follow instructions of Rocks & Ropes personnel and signage while participating in activities involving Rocks & Ropes.
- I will not use Rocks & Ropes facilities or equipment, or participate in any activities involving Rocks & Ropes, while under the influence of drugs or alcohol or while suffering from any condition that might impair me.
- I will not climb over 10 feet above the landing zone without a belayed rope. I will “down-climb” whenever possible (No children under 12 in bouldering area, or under 15 on freestanding boulder.)
- I will not use the auto-belay devices without a proper orientation from a staff member.
- Roped climbers and belayers must wear UIAA approved harnesses.
- I will demonstrate safe belaying and tie-in technique to a Wall Supervisor. I will tie the rope directly into my harnesses with a Figure 8 retrace knot. (Only approved users will be allowed in the climbing wall area. New belayers must take a training session and be qualified by a Wall Supervisor before receiving approval for climbing.)
- Lead climbers and their belayers both must demonstrate their understanding of leading and belaying techniques to a Wall Supervisor before using the lead route walls.
- Helmets are required for all climbers under age 12 and all other climbers unless the Helmet Waiver is signed.
- I will inform Rocks & Ropes staff and other climbers of any situation seen as unsafe or not in accordance with these SAFETY RULES. I will report accidents or equipment damage to Rocks & Ropes personnel immediately.
- I understand that Rocks & Ropes may deny participation by any individual who fails to follow these SAFETY RULES, or whose conduct is unsafe or inappropriate, without refund of monies paid.

## **ADDITIONAL SAFETY RULES OF OUTDOOR CLIMBING SCHOOL & GUIDE SERVICE:**

- I will be roped and belayed through an approved belay device, and wear a helmet while climbing. Whether climbing or belaying, I will only use harnesses approved by Rocks & Ropes staff. Any bouldering will be done under the direct supervision of a guide.
- I will remain within view of staff members at all times, with the exception of pre-approved areas.
- I will remain at least 10 feet from the cliff edges unless tied in and standing with a staff member.
- I will climb on top-ropes only, or rappel on ropes set up by the Rocks & Ropes staff only, and will not do either activity without the express verbal confirmation of a Rocks & Ropes staff member to commence the activity.



CLIMBING IS DANGEROUS:  
STACK THE  
ODDS IN YOUR FAVOR.